

Program Overview and Target Audience

This program is designed to offer a broad-based update on traditional techniques as well as new ideas in the field of orthopedic surgery.

This program is directed towards practicing orthopedic surgeons, orthopedic residents and fellows, and other health professionals practicing in the field of orthopedics.

Program Objectives

- Assess the various surgical options used to treat rotator cuff tears in young patients, and describe which techniques are most efficacious in various scenarios.
- Discuss the options for treatment of hip fractures including open reduction and internal fixation, hemiarthroplasty, and total joint arthroplasty, and identify the optimal and most cost-effective treatments.
- Compare non-operative treatment and surgical management options for distal radius fractures in older patients.
- Analyze contemporary literature to determine which surgical or non-operative treatment is most appropriate for a given physiological age and activity level of individual patients.



AMA Credit Designation Statement

The New England Orthopedic Society designates this live activity for a maximum of 11.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education. The New England Orthopedic Society is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

The **New England Orthopedic Society** would like to thank the following exhibitors for their support:

Baxter Healthcare

ConvaTec

**JZ Medical, Inc. — Executive Distributors for
DePuy Synthes**

Hospira Worldwide

Innovative Medical Equipment, LLC

Mallinckrodt Pharmaceuticals

OrthoSecure

Pfizer, Inc.

Pfizer, Inc. — Hospital Surgical Division

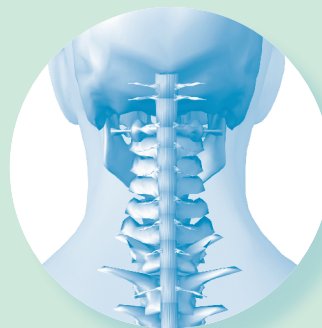
Sanofi Biosurgery

Shriners Healthcare

Smith + Nephew, Inc.

THINK Surgical, Inc.

Zimmer Northeast



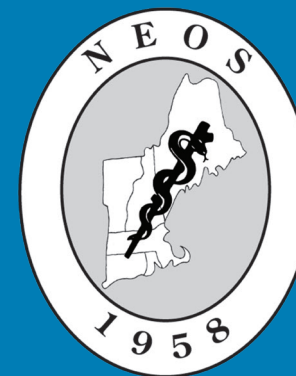
MARK YOUR CALENDAR FOR OUR NEXT NEOS EVENTS!

2015 Fall Meeting

November 20–21, 2015
Massachusetts Medical Society
Waltham, MA

2016 Spring Meeting

June 3–5, 2016
Woodstock Inn and Resort
Woodstock, VT



New England Orthopedic Society

2015 Spring Meeting

Friday–Sunday

May 29–31, 2015

Samoset Resort on the Ocean

Rockport, ME

Guest Professors:

A. Bobby Chhabra, MD

Chair, Department of Orthopaedic Surgery,
Lillian T. Pratt Distinguished Professor
of Orthopaedic Surgery,
Professor of Plastic and Reconstructive Surgery,
University of Virginia Health System, Charlottesville, VA

Matthew T. Provencher, MD

Chief, Sports Medicine Service,
Massachusetts General Hospital;
Medical Director, New England Patriots;
Visiting Professor, Harvard Medical School, Boston, MA

George V. Russell, MD

Professor and Chairman,
Traumatology, Pelvic/Acetabular Surgery,
Surgery of Malunions and Nonunions,
University of Mississippi Medical Center, Jackson, MS

Rafael Sierra, MD

Professor of Orthopedics, Mayo Clinic, Rochester, MN

Friday, May 29, 2015

1:00–1:30 p.m. *President's Introduction*
Joshua Baumfeld, MD

SESSION 1
MODERATOR: JOSHUA BAUMFELD, MD

1:30–2:00 p.m. *Treatment of OCD of the Capitellum in the Competitive Athlete*
A. Bobby Chhabra, MD

2:00–2:30 p.m. *Shoulder Instability — What to Do in 2015 — Tips/Tricks and What Not to Miss*
Matthew T. Provencher, MD

2:30–2:40 p.m. *Hemiarthroplasty — Is There Still a Role for Proximal Humerus Fracture?*
John-Erik Bell, MD

2:40–2:50 p.m. *Reverse Total Shoulder Arthroplasty*
Xinning Li, MD

2:50–3:00 p.m. *Treatment of Tennis Elbow*
Jennifer Wolf, MD

3:00–3:40 p.m. **Symposium 1 — Rotator Cuff Tear in the Young Patient**

MODERATORS: NICOLA DEANGELIS, MD
JOSEPH DEANGELIS, MD

Panelists: John-Erik Bell, MD
Xinning Li, MD
Matthew T. Provencher, MD
Arun Ramappa, MD

3:40–4:00 p.m. **BREAK — Exhibitors**

SESSION 2
MODERATOR: ANDREW MARCANTONIO, DO

4:00–4:30 p.m. *Obesity in Orthopedics*
George V. Russell, MD

4:30–5:00 p.m. *Hip Decompression and Bone Marrow Concentrate for Early Stage Osteonecrosis of the Femoral Head*
Rafael Sierra, MD

5:00–5:30 p.m. *Tumor Quiz*
Megan Anderson, MD

6:00 p.m. *Cocktail Reception*

7:00 p.m. *Lobster Bake*
Guest Speaker:
"Local Legend," Rosey Gerry

Saturday, May 30, 2015

7:00–9:00 a.m. **BREAKFAST**

SESSION 1
MODERATOR: ANDREW MARCANTONIO, DO

7:30–8:00 a.m. *Volar Plating of Distal Radius Fracture with Concurrent FCR Carpal Tunnel Release*
A. Bobby Chhabra, MD

8:00–8:30 a.m. *The Dreaded Posterolateral Corner of the Knee — How to Handle and How Not to Miss*
Matthew T. Provencher, MD

8:30–8:40 a.m. *Syndesmotic Ankle Injury — Does Anatomic Reduction Matter?*
Marcus P. Coe, MD, MS

8:40–8:50 a.m. *Treatment of Periprosthetic Hip Fractures*
Paul T. Appleton, MD

8:50–9:00 a.m. *Hip Preservation Update*
Michael Kain, MD

9:00–9:40 a.m. **Symposium 2 — Hip Fractures — ORIF, Hemiarthroplasty, THA**

MODERATOR: PAUL T. APPLETON, MD

Panelists: Michael Kain, MD
Wayne Moschetti, MD
George V. Russell, MD
Rafael Sierra, MD
Jack Wixted, MD

9:40–10:00 a.m. **BREAK — Exhibitors**

SESSION 2
MODERATOR: MICHAEL KAIN, MD

10:00–10:30 a.m. *Disruptive Technology*
George V. Russell, MD

10:30–11:00 a.m. *Humanitarian Care and Surgery Aboard the USNS Mercy*
Matthew T. Provencher, MD

11:00–11:30 a.m. *Tumor Quiz Results*
Megan Anderson, MD

11:30 a.m. **ADJOURNMENT AND AFTERNOON BREAK**

6:00 p.m. *Cocktail Reception*

7:00 p.m. *Barbecue*
Guest Musicians:
Downeast Soul Coalilion

Sunday, May 31, 2015

7:00–9:00 a.m. **BREAKFAST**

SESSION 1
MODERATOR: KELTON BURBANK, MD

7:30–8:00 a.m. *Hip Dysplasia: Treatment with PAO, Limited Use of Hip Arthroscopy*
Rafael Sierra, MD

8:00–8:30 a.m. *Complex Acetabular Reconstruction: Augments, Grafts, Cages...*
Rafael Sierra, MD

8:30–8:40 a.m. *Femoral Tunnel Placement in ACL Surgery*
A. David Davis, MD

8:40–8:50 a.m. *Ring Fixator — When to Use It*
Jack Wixted, MD

8:50–9:00 a.m. *Diagnosis and Treatment of Septic Total Joint*
Wayne Moschetti, MD

9:00–9:40 a.m. **Symposium 3 — Distal Radius Fractures — Cast, Ex-Fix, Plate, Pin?**

MODERATOR: JACK WIXTED, MD

Panelists: A. Bobby Chhabra, MD
N. George Kasparyan, MD
George V. Russell, MD
Jack Wixted, MD
Jennifer Wolf, MD

9:40–10:00 a.m. **BREAK — Exhibitors**

SESSION 2
MODERATOR: ROBERT CANTU, MD

10:00–10:30 a.m. *MBA in Orthopedics — Is it Beneficial?*
George V. Russell, MD

10:30–11:00 a.m. *Return to Football and Long-Term Clinical Outcomes After Thumb Ulnar Collateral Ligament Suture Anchor Repair in Collegiate Athletes*
A. Bobby Chhabra, MD

11:00–11:10 a.m. *Preoperative Planning for Shoulder Arthroplasty with 3D Printed Glenoid Models*
Mena Mesiha, MD

11:10–11:20 a.m. *Lateral Epicondylitis: 2015*
N. George Kasparyan, MD

11:20–11:30 a.m. **Final Remarks and Adjournment**